



23/07/2021

## YLC E-Bulletin

Useful information, links and updates



## Team Mate



**TUESDAY 15<sup>TH</sup> JUNE**  
Wellbeing at Work



**TUESDAY 22<sup>ND</sup> JUNE**  
Managing Anxiety & Worry



**TUESDAY 20<sup>TH</sup> JULY**  
Loneliness & Isolation



**TUESDAY 27<sup>TH</sup> JULY**  
Assertiveness



**TUESDAY 3<sup>RD</sup> AUGUST**  
Panic



**TUESDAY 10<sup>TH</sup> AUGUST**  
Managing Sleep

These workshops are delivered by **Turning Point Talking Therapies** and will focus on men's mental health with an open group discussion followed by physical activity. The workshops are for 18+ and will run from **6pm-8pm** at **Wakefield Trinity RLFC, The Mobile Rocket Stadium, Doncaster Road, Wakefield, WF1 5EY**



Get in touch to register your interest  
[info@wakefieldtrinityfoundation.co.uk](mailto:info@wakefieldtrinityfoundation.co.uk)





Night OWLS is a confidential support line for children and young people in crisis. Helping them, their parents and carers living in Bradford, Leeds, Calderdale, Kirklees and Wakefield.

We're available

**8pm –  
8am**

Call this number  
for free:

**0300 2003900**

Text us on:

**07984 392700**

Chat to us on:

**wynightowls.org.uk**



### **WF Happy Healthy Holidays**

We are excited to announce that we have loads of fun activities happening this summer as part of our WF Happy Healthy Holidays programme. Wakefield Council are working with over thirty voluntary and community organisations, local schools and childcare providers to provide a summer of free activities and food for children and families eligible for income – related free school meals throughout the district. There are free places available for any children and young people (aged 5-16) who are eligible for income based free school meals. This opportunity is provided as part of the government's expanded Holiday Activities and Food (HAF) programme.

#### **What Activities are Available?**

There are lots of activities on offer including dance, pottery, climbing wall, forest Schools, fire fighter courses, football, rugby, family picnic days, cricket, archery, arts and crafts, cooking and baking, and much more!

#### **How Can I Book a Place?**

If your child is eligible for **Income Based Free School Meals** please visit our website at [www.wakefield.gov.uk/schools-and-children/happy-healthy-holidays](http://www.wakefield.gov.uk/schools-and-children/happy-healthy-holidays) or by using the QR code below for more information:



Department  
for Education

wakefieldcouncil



Young Lives Network Event presentation and PostVention Comms pack attached.

## NYA Guidance updated to version 7

From Monday 19<sup>th</sup> July the nation will move to step 4 of the government roadmap. The NYA Guidance V7 document lays out the recommended actions and measures for youth sector activities moving forwards.



[Read the guidance here.](#)

A purple and white poster for a webinar. The top left features the HM Government logo. The main text reads 'HOW TO MASTER AN HONOURS NOMINATION' in large white letters. Below that, it says 'LIVE WEBINAR VIA ZOOM: 28 JULY 2021 FREE REGISTRATION'. At the bottom, the website 'WWW.GOV.UK/HONOURS' is listed. On the right side, there is a close-up image of a Queen's Medal on a red ribbon. The text 'OUR HONOURS SYSTEM' is visible at the bottom right of the image.

**Opportunity** - to attend free Cabinet Office webinar on how to prepare a nomination to recognise young people (under age of 30) through the Queens Honours system – for example young trustees, youthwork volunteers, advocates of youthvoice

**Wednesday 28th July at 12:30pm to 1:45pm**

Hosted by the Cabinet Office in partnership with DCMS and Young Voices Heard on 'How to master an honours nomination' for young people under the age of 30. This free webinar is open to people of all ages who champion young people, but is particularly aimed at those under 30 years old, who are interested in nominating their peers. Please share within your organisations,

memberships, and networks, particularly those working directly with this age group. Registration is free.

During the session you will find out how the honours system operates, advice on what to include in your nomination. We'll also share data on younger award recipients that highlights the need for nominations from this age group. You'll also hear first hand from a younger honours recipient Mete Coban MBE who was recognised for promoting youth participation in democracy and Molly Stears BEM for founding Molly Meals reaching 2500 in her local community during the first lockdown, about how it feels to be recognised, and from a member of an Honours Committee about what they look for in a nomination.

**You can sign up for this one hour session on [Eventbrite](#).**

**If you have any questions, please contact Sophie Kimber, Head of Diversity and Outreach at the Cabinet Office at [sophie.kimber@cabinetoffice.gov.uk](mailto:sophie.kimber@cabinetoffice.gov.uk). Young Voices Heard has been researching case studies of young people awarded honours since 2012 to promote greater inclusion and diversity in nominations - [Queens Youth Honours](#) List. The #Campaign4YouthRecognition focuses on young people making a difference and serving their communities or nationally, through youth social action, youth leadership, or community service (as opposed to sport and the arts). The case studies are examples of young people aged 13-29 who have received honours.**

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## Racial Inequalities Training

FREE and available online now!

West Yorkshire and Harrogate  
**Race Equality Network**



**[Racial Inequalities Training FREE and available online now!](#)**

The West Yorkshire and Harrogate Health and Care Partnership (WY&H HCP) working alongside the Race Equalities Network are on a journey to become an anti-racist system and to reduce health inequalities that exist within society. These will help educate and raise awareness and be a catalyst for positive change.

A suite of training is now available on the [partnership website](#) and builds on a Black Lives Matter workshop hosted with our senior leaders last year. This training is accessible for colleagues, partners and beyond at no cost, and all that we require is a personal pledge. This bespoke training package is unique to the WY&H HCP made possible by working alongside the Race Equalities Network. This currently includes the modules: Black history month, white privilege, Allyship and unconscious bias and micro-aggressions.

The training modules provide an opportunity to build a better understanding of key issues in a safe space where we can critically challenge our own beliefs and biases in efforts to reduce the everyday discrimination faced by our colleagues from ethnic minorities. [View the advert here](#).



