



18/08/2021

YLC E-Bulletin

Useful information, links and updates



ASIST Training- Expression of Interest Form

20th and 21st October 2021

What is ASIST?

An accredited two day, **interactive** training that prepares caregivers to provide suicide first aid interventions.

Who can attend ASIST?

Anyone 16 or older (despite previous training) can learn and use the ASIST model. No previous mental health or suicide prevention experience is necessary.

What will you learn as an ASIST trained first aid caregiver?

After taking ASIST, you will be better able to:

- Be suicide alert – identify people who have thoughts of suicide
- Understand the reasons behind thoughts of suicide and the reasons for living
- Assess risk and safety – develop a plan to increase the safety of the person at risk of suicide
- Recognise invitations for help
- Recognise potential barriers of seeking help
- Offer support – recognise other important aspects of suicide prevention including life-promotion and self-care
- Effectively apply a suicide intervention model
- Link people with community resources

What are the workshop features?

- Presentations and guidance from two LivingWorks registered trainers
- A scientifically proven intervention model
- Powerful audio-visual learning aids
- Group discussions
- Skills practice and development

- A balance of challenge and safety
- Participant materials include a 20-page workbook, wallet card, and stickers. Participants also receive a certificate upon completing the workshop.

What is the structure of an ASIST workshop?

The ASIST workshop is divided into five sections that follow in a logical progression to gradually build comfort, confidence and understanding around suicide and suicide intervention.

Preparing: Sets the tone, norms, and expectations of the learning experience over the two days.

Connecting: Enables participants to reflect on their own attitudes towards suicide. This creates an understanding of the impact that attitudes can have on the intervention process.

Understanding: An overview of the intervention needs of a person at risk. The trainers focus on providing participants with the knowledge and skills to:

- recognise risk
- develop safeplans to reduce the risk of suicide
- increase the safety of the person

Assisting: Presents a model for effective suicide intervention. Participants develop their skills through observation and supervised simulation exercises in large and small groups.

Networking: The trainers share information about resources in the local community and promote participant commitment to encouraging the transformation of local resources into helping networks.

Please complete the MS Form below to register your interest for a place on the course. We will then be in contact to let you know that you have a place on the training.

[Click here to complete the EOI Form.](#)



Children & Young People's Emotional Wellbeing CPD (VSCE) Session

A bite-sized training session led by Emily Castle, CEO, Young Lives Consortium and Denise Wheatman, Health Improvement Specialist.

Tuesday 7th September 5-7 PM

This session will:

- Identify some of the factors affecting the wellbeing of CYP
- Describing the presenting issues related to CYP
- Describing the suicide prevention work that is happening in the Wakefield district
- Highlighting what you can do to support CYP and the local services available

[Click here to book your place on Eventbrite.](#)



Introduction to the Wakefield District Resilience Framework

Tuesday 28th September 9:15-3:30 PM- Pugney's

The session will enable you to:

- Increase confidence in using the framework- Recognise how it can complement your work- Identify and overcome barriers to using the framework- Share best practice

By the end of the session the learner will:

1. Understand The Resilience Framework approach to working with children and young people and how it can be applied in to their own working practice.
2. Be able to use the Resilience Framework and its support tools to communicate effectively with children and young people.
3. Increase confidence to develop and use creative strategies (resources provided, new and existing interventions and activities) to build Resilience competences in children or young people.
4. Understand how the Resilience Framework can support practitioners in the assessments and processes to support children and young people be heard.

This session is facilitated by Denise Wheatman the Lead on the Resilience Framework for Wakefield Council and Emily Castle- CEO Young Lives.

[Click here to book on Eventbrite.](#)



Safeguarding Children and Young People in Voluntary and Community

Settings

Friday 10th September 10-1 PM, Lightwaves Leisure Centre

For those wanting to learn more or to refresh their awareness of safeguarding children and young people, raise awareness on the signs and symptoms of abuse and what to do if you are worried about a child.

The course is designed for people delivering services to children and young people, for example people running and volunteering within community organisations etc.

[Click here to book on Eventbrite.](#)



YLC Network Event

Mon, 6 September 2021 (13:00 – 14:30)

Children and Young Peoples VCSE group coming together to share best practise and talk about upcoming plans over the next two months.

- Sleeptember
- The Youth Association
- WF-I-Can: Level Up! Gaming programme
- Get involved in 'Safe Place'
- Criminal Exploitation- work in Upton
- Updates from Organisations

[Click here to book on Eventbrite.](#)

